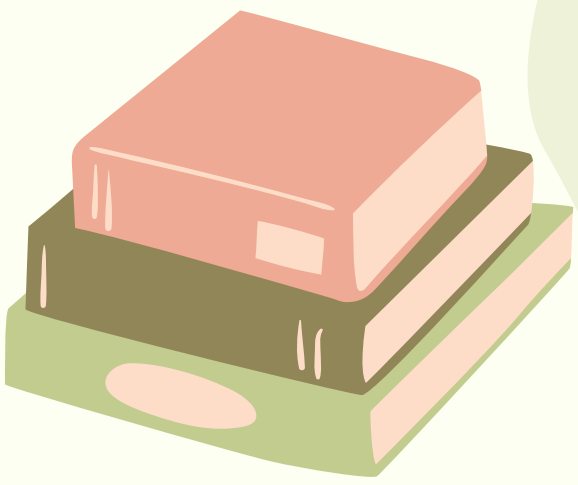


Advice for Freshmen

QUICK ADVICE FOR YOUR FIRST YEAR OF HIGH SCHOOL

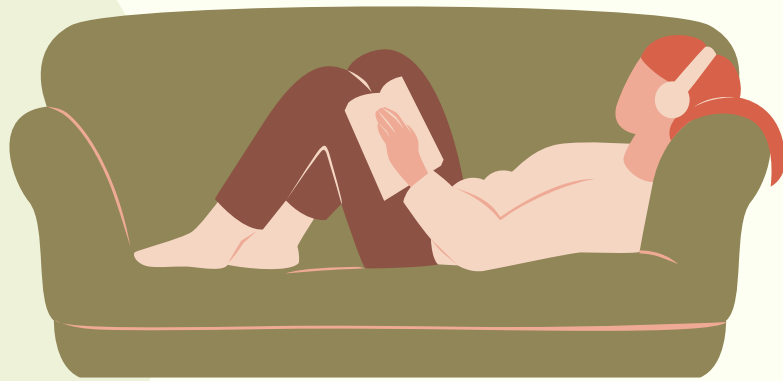
1

Get Involved – clubs, sports, volunteering, etc.



2

Discover Your Passions – take time to explore your interests



3

Know That Everyone Else Feels The Same – you're not alone



Advice for Seniors

Quick Advice for Your Last Year of High School

Stay Ahead

Keep up with your work and commitments

Find How You Manage

Figure out the best way for you to manage your time and keep track of commitments

Have Fun

Your senior year is full of opportunities, take advantage of them and enjoy your time!

It's Not Everything

The decisions of senior year won't determine the rest of your life, so don't let the pressure overwhelm you.

